

CITY OF FOUNTAIN VALLEY
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PRESS RELEASE

Raymond H. Kromer, City Manager _____

TO: News Media
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Memory Enhancement at the Senior Center Huntington Beach Adult School

The Center at Founders Village will hold classes focusing on maintaining a healthy and alert mind. The class will teach tactics, tricks and tips in a relaxing atmosphere to practice memory skills and learn healthy habits for brain longevity.

This eight week course will begin on Wednesday, April 27, 2011 with classes held on Wednesdays from 9:30am to 11:30am at a cost of \$48 for early bird registration (\$53 after early bird registration.) These classes, for adults 55 and older, will be held at The Center at Founders Village Senior and Community Center, 17967 Bushard Street, Fountain Valley. To enroll in this class, please call the Huntington Beach Adult School at 714-901-8106 ext. 4405.

For additional information on this and other recreation activities, please call the Fountain Valley Recreation and Community Services Division at 714-593-4446 or visit our website at www.fountainvalley.org.

Recreation and Community Services – Increases Cultural Unity